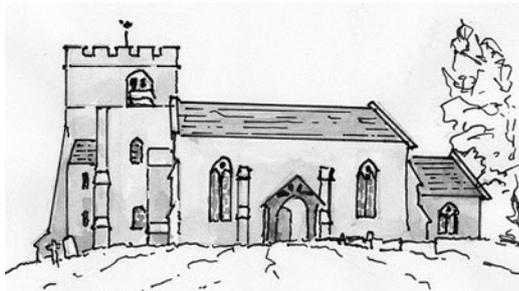


# Frome Valley News

The Parish Magazine for Acton Beauchamp, Bishops Frome, Castle Frome,  
Evesbatch, Fromes Hill, Much Cowarne, Ocle Pychard & Stanford Bishop.



*April 2023*



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### Editorial:

If you lose your paper copy of the newsletter It's always available on the website where it can be seen in full colour. It can also be emailed to you.

I always acknowledge receipt of emails - if I don't please send to Parish office as I have had some email issues.

e-mail:

[fromevalley@icloud.com](mailto:fromevalley@icloud.com)

[www.fromevalleychurches.org.uk](http://www.fromevalleychurches.org.uk)

Sarah ([fromenews@gmail.com](mailto:fromenews@gmail.com))

**NEW EMAIL**

OR contact the Parish Office  
for more information.

**Welcome to our 2 new advertisers**

**Advert Rates per issue:**

**£3.00 eighth page, £6.00 quarter page,  
£10.00 half page, £20.00 whole page**



**Took my boy Magnus to Crufts  
Great day out and 4th in a huge  
class. & Met up with friends  
from all around the world.**

**FROME VALLEY NEWS  
COLLECTION DAY**

Could volunteers from all churches kindly  
collect their new batch of issues  
from the Parish Office TBC or by email  
& on the website

## Vicar's Letter,

The Church dedicated to St Matthew on Fromes Hill was originally built in the mid 1800's by the vicar of Bishops Frome. It was built as a chapel of ease to serve the growing number of parishioners in the village and maybe even in response to the appearance of the nonconformist chapel which is now a private dwelling on the main road. The church has faithfully served the people of Fromes Hill for well over 150 years but of late the congregation has dwindled and those trying to keep up with all the tasks that need attention, even in such a small church, have been struggling. With this in mind and after local consultation the decision was made to ask the Diocese if we could close the church.



This isn't anyone's fault, although there will always be those who want somebody to blame. We have to accept that people's lives these days are very different from the lives of those in the past where people lived, worked and worshipped locally. These days we live in a very different kind of society to people 150 years ago. People these days are generally very mobile, there are lots of choices available to us about how we spend our time. Even those who are regular worshippers can choose where they want to go to church and find a service to suit their own tastes. Sadly, we find ourselves part of a more disjointed society that often pursues its own interests over those of the community.

Although the Diocese still have much legal work to complete before they take over the building and officially close the church, the church community at Fromes Hill have made the decision to hold their final service on 30<sup>th</sup> April at 10am. This will be a Group Service where we can all gather as a benefice to give thanks for St Matthew's Church and all that the worshipping community there has contributed to the life of the village and the benefice over the years.

When all the legal paperwork is finalised there will be a new parish created of Bishops Frome and Fromes Hill for which St. May the Virgin in Bishops Frome will be the parish church.

The day after the final service at St Matthews is May Day and you will see elsewhere in this edition of the Frome Valley News a May Day Walk and breakfast advertised for the Bank Holiday. For those who are able to join us we will meet in the churchyard at St Matthews and walk down to Bishops Frome Village Centre where a Full English breakfast will be served. It will be a very symbolic walk as the two churches join together to form one parish, or should I say to re-form the one parish that they once were?

On the following Sunday, 7<sup>th</sup> May we will officially welcome the people of Fromes Hill to St Mary's at the High Mass service where we will also be offering prayers for the coronation of King Charles III.

In these times of uncertainty and change I'm mindful of saying I once heard, "change is inevitable, growth is optional." I do pray that we can all grow through the many changes that we are facing as a church and that we would continue to keep our eyes fixed on Jesus the author and perfecter of our faith. (*Hebrews 12:2*)

Blessings

Steven



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Careline can give you or your loved ones the reassurance and peace of mind that if you require help, it is not far away! Careline is a 24-hour personal emergency response service, based in Hereford, which is connected to your home through an alarm unit linked to your telephone line. **In times of need, help is just the push of a button away!**

For information please speak to our Careline team on 01432 384100. Herefordshire Careline is run by the Independence Trust, part of the Herefordshire Housing Group.

**HELP IS STILL AT HAND**

There is a Bromyard Support Group number -  
07824 660480

is there to help anyone who is isolating or just feel like some support during these exceptional times.

**Childline: 0800 1111**

**Samaritans 116 123**

**Domestic Violence Hotline: 0808 2000 247**

**Mind 0300 123 3393**

**Age UK 0800 169 6565**

**Frome Valley Pastoral Group**

The Pastoral Group are all very actively engaged in emailing and telephoning people through out this difficult time. If you have any concerns or would just like to speak to someone please call one of the group;

Rev'd Steven Baggs

01880490582 [stevenbaggs@me.com](mailto:stevenbaggs@me.com)

Rev'd Richard Allaway

07969 699270 [rja5204572fco@gmail.com](mailto:rja5204572fco@gmail.com)

Mrs Judy Orgee 01531 640525

Tony & Liz Davis 01885 490394

**During the COVID-19 pandemic Bromyard Community Transport are remaining open.**

Transport for Covid Vaccinations

**Cathy Marsh (Manager) Bromyard**

**Community Transport Tel: 01885 488452**

**This advertising space could be yours!**

Contact Sarah Sevastopulo  
email: [oldholbans@hotmail.com](mailto:oldholbans@hotmail.com)

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£6.00 quarter page,  
£10.00 half page,  
£20.00 whole page

## April @ The Conquest

### Live on Stage

<b>Cilla &amp; the Swinging 60s</b> featuring Sandy Smith	Sat 8	7.30pm
Folk in the Foyer: <b>Roving Crows</b>	Fri 14	8pm
<b>Sense and Sensibility</b> (supported by Arts Alive)	Sat 15	7.30pm

### Events on Screen

New York Met Opera:	<b>Falstaff</b>	Sat 1st	5.55pm
ROH	<b>Cinderella</b>	Sun 16	2:30PM
NT Live:	<b>Good</b>	Thu 20th	7pm
New York Met	<b>Der Rosenkavalier</b>	Sat 22nd	5:00PM
Exhibition on Screen:	<b>Vermeer</b>	Tue 25th	7.30pm
ROH	<b>The Marriage of Figaro</b>	Thu 27th	6:45PM
New York Met :	<b>Champion</b>	Sat 29th	5.55pm

**Diary Date** Live on Screen: King Charles III - The Coronation (Free of Charge Event) at 6 May 9:00AM full details to follow

**Join us for coffee on a Saturday morning 10.30-12.30**

Contact us on [www.conquest@conquest.co.uk](mailto:www.conquest@conquest.co.uk) or on 01885 488575

## St Mary the Virgin, Bishops Frome

We had some beautiful views with the yearly bloom of the crocuses and snowdrops in the sunny churchyard, some lovely photo opportunities.

**Get together for a May Day walk!**

**On Monday 1<sup>st</sup> May we are organising a walk beginning at sunrise from St Matthews, Fromes Hill, down into Bishops Frome Village Centre where we will start the day with breakfast, more details and timings will be announced.**



**Please join us for our High Mass service on Sunday 7<sup>th</sup> May at 10am where we will be welcoming all from Fromes Hill parish following the previous weeks final service at St Matthews.**

**Hugh Farey will be giving a talk about The Turin Shroud at St Marys on Friday June 9<sup>th</sup> at 7.30pm, further details will be available closer to the time.**

**We have recently refurbished the bells in our tower and are now looking to recruit anyone interested in bell ringing to join the team. Anyone looking to get involved please do get in touch with us.**

## ST. MARY'S CHURCH MUCH COWARNE

Despite the very cold weather a good number of people dropped in to our Coffee Morning and Bring & Buy Sale on Saturday February 25 and there were a variety of things for sale: produce, including jams, chutneys, honey, home cooked items and eggs; garden plants and ornaments; toys and handmade items. As always books were both added to and taken from our book corner. It was especially good to welcome some of the more recent residents to Much Cowarne and the hot drinks and home made cakes helped us to keep warm whilst enjoying the chance to sit and chat. The main purpose of the morning was to encourage people to come and socialise but we were also very pleased that a total of £302 was collected and sent to the Bromyard Food Bank.

On Friday March 3 the Race Night held at The Plough Inn, Stoke Lacy provided another really enjoyable social occasion with around 50 people turning up on what was again a very cold evening. Much work had been put in by Barry and Ted encouraging people to sponsor races and horses resulting in a programme of eight races each with six horses running. Barry was an energetic and effective MC encouraging everyone to bet on their favourites in each race and there was much good humoured vocal encouragement given to the horses. Once again Simon and Nadia made us very welcome and provided a delicious supper of hot pork rolls. Many thanks to those who sponsored horses and races, to Ted Parkes for managing the videos of the races and to Andrew for running the tote. An excellent total of over £900 was raised for Church Funds.

**Coronation Weekend** – Once again Much Cowarne Church will be combining with other local Churches, Burley Gate School and Burley Gate Village Hall, on Monday May 8<sup>th</sup> to put on a “**Fete at the Gate**” to celebrate this national occasion. The usual stalls and games from the Church Fete will be there together with many other attractions and full details will be available soon.

**Other Events** – including another “Pimm’s and Hymns” evening, Harvest Meal and Fun Ride are also planned. When available details will be in the Frome Valley News and Community News.

### **Acton Beauchamp Group Parish Council**

Has a vacancy for a part time  
Clerk, who will be required to work six hours per week.

**For more information please ring:- Jean Morris 01886 884575.**

### **The Friends of St. Mary's Church Building Bishop's Frome.**

**The Friends of the St Mary's Church Building Bishop's Frome's  
41<sup>st</sup> Annual General Meeting will be held in Bishop's Frome Church  
on Sunday April 23rd 2023 after the Church Service.**

**John Pudge**

## Deanery Synod Report

### The Deanery Synod met on 26th February.

There was a talk on Safeguarding at Parish Level given by the Diocesan Safeguarding Officer Mandy McPhee. Mandy outlined the needs of the churches, PCC's and their requirements. The members of the PCC should have done a basic foundation course and obtained a Certificate for Safeguarding. This is a legal requirement for all members and can be completed online or by attending training.

Safeguarding covers children, young people, vulnerable adults and the elderly.

Mandy pointed out that as Christians we have a duty of care to those we meet at church, and those in our community who do not necessarily attend church but about who we may be concerned. Information is confidential.

Our local Safeguarding officer is Eleanor Morris 01885 490 229.

The next meeting will be held on Wednesday 21st June at St Mary's Bishops Frome. This will be a joint meeting with Ledbury Deanery where we will interview the Archdeacon of Hereford about the future of the church in our area and the Diocesan proposal to amalgamate the Bromyard and Ledbury Deaneries. This meeting is open to all.

#### Frome Valley Group of Parishes

#### Safeguarding Training 22<sup>nd</sup> April 10am – 12.30pm BFVC

Attention all PCC members, Churchwardens and other Church Officer Roles. The Diocesan Safeguarding Officer, Mandy McPhee, and her team are running the C1 Safeguarding training course at the Bishops Frome Village Centre on Saturday 22<sup>nd</sup> April 10am -12.30pm. Anyone who has not yet been able to complete their training online is welcome to attend. Please note that this training is a requirement for all the above positions and should be undertaken every 3 years.

To book a space please contact Carl Steventon on [carl.steventon@hereford.anglican.org](mailto:carl.steventon@hereford.anglican.org) or 07593 817717. This is a rare opportunity to have local face to face training so do take advantage of it if you can. If you are not able to attend, the training module is still available online via the Church of England website and takes approximately 1.5 hours.

#### A leading Herefordshire charity is warming up for the county's premier running event.

Hundreds are set to take part in RUN Hereford later this Spring, with entrants choosing from circular Half Marathon, 10K or 5K courses.



Event organisers St Michael's Hospice say they hope the event, on Sunday 14<sup>th</sup> May, will raise thousands of pounds - and awareness - for the Bartestree-based charity which provides palliative and end-of-life care to families across Herefordshire and beyond. Many RUN entrants fundraise for St Michael's, providing a big help to the charity which relies on community support to fund the majority of its care costs.

"The good news is there's still time to enter and prepare for what should be a great day of fun and fundraising. Taking part in RUN really does help St Michael's Hospice. The money collected through fundraising and entry fees goes straight back into the quality, free-of-charge care we provide in our Inpatient Unit in Bartestree, through our Day Services, and in people's homes through the Hospice at Home service.

"It also goes towards our supportive care services which includes complementary therapies, and bereavement support." Each route will be marshalled and feature water stations. The Half Marathon and 10K routes will be on partially closed roads. The 5K route will be on a fully closed course.

**Hereford Contract Canning (HCC) has renewed its support of St Michael's by sponsoring RUN Hereford again in 2023. To enter RUN Hereford, visit [st-michaels-hospice.org.uk/runhereford/](http://st-michaels-hospice.org.uk/runhereford/)**



# Castle Frome April 23 News, Views & Muse



## Communion Service

Sunday 9<sup>th</sup> April

8.30am



## Family Service

Sunday 23<sup>rd</sup> April

10.00am

This is a reverent and informal service for the family of the Church. All are welcome. Coffee, tea and squash served at the close of the service, offering a time to socialise.



## Hilary's Wildlife Diary



### Butterflies on the wing

This time of year, it is a joy to visit the churchyard and watch our early butterflies fluttering in the spring sunshine. A sure sign winter is behind us. Later in the year, the churchyard meadow is a perfect place to sit in peace and enjoy a show of summer butterflies.

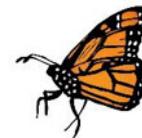
Butterflies and their caterpillars are a food source for many birds. They also pollinate plants and act as sensitive indicators of the health of our environment. The charity Butterfly Conservation gives ideas on helping our butterflies: <https://butterfly-conservation.org/how-you-can-help/get-involved/gardening>

Butterflies need help! A new report tells us that 80% of the UK's butterfly species have declined since the 1970s and half of our remaining butterfly species are at risk of extinction from Britain. Not good news.

You may also like to join in The Wider Countryside Butterfly Survey. Details can be found here: <https://www.bto.org/our-science/projects/breeding-bird-survey/taking-part/wider-countryside-butterfly-survey>



Hilary



## EASTER CELEBRATIONS

Easter is called a "moveable feast" . It does not have a set date every year. Christian churches in the West celebrate Easter on the first Sunday following the full moon after the vernal equinox which is on March 21. Therefore, Easter is observed anywhere between March 22 and April 25 every year.

The week before Easter is called Holy Week and includes Maundy Thursday, which observes Jesus' last supper with his disciples; & Good Friday, which honours the day He was crucified, died and was buried. Holy Week is celebrated during the week leading up to Easter. It begins on Palm Sunday, continues to Maundy Thursday, Good Friday, Holy Saturday and then, Easter Sunday.

Maundy Thursday this year is Thursday 6<sup>th</sup> April, Fingers crossed we will be having our usual Agape Supper at the Church, which is always a great favourite.



Like our Facebook Page  
St Michaels Church, Castle Frome

## St James Church Stanford Bishop 2023 Festival & Celebration Services & Events

**Easter Sunday 9th April**, Holy Communion service at 11.30am followed by hot cross buns, and tea /coffee

**Sunday May 7th** celebrating the King Charles Coronation. Come along and enjoy Afternoon Cream Teas and delicious home made cakes here at St James 2.30 to 4.30pm

**Sunday May 14th** Rogation Service at 3pm followed by refreshments

**Sunday July 23rd** St James Day 8.30am Holy Communion Service

**Friday 7th October** Harvest Festival Service at 7pm followed by Harvest Supper

**Sunday 12th November** Armistice Day Service at 11.45am

**Sunday 24th December** Christmas Eve Carols by Candlelight at 6pm followed by Sherry and mince pies

### Illustrated talk about the Shroud of Turin at Bishops Frome Church



**7.30 pm 9<sup>th</sup> June 2023**

The Shroud of Turin shows the image of a man's face, which many people believe to be Jesus Christ

The talk is presented by Hugh Farey who has researched the science, history and mystery of the shroud which is kept in the royal chapel at the Cathedral of Turin,

Light refreshments will be served.

Admission is free – donations are discretionary

## ***May Day Big Breakfast***

1<sup>st</sup> May at Bishops Frome Village Centre

You are invited to a community event to follow the ancient tradition of marking the beginning of Summer and to welcome Fromes Hill Church into our new church parish of Bishops Frome with Fromes Hill.

The Big Breakfast is open to everyone and will be a traditional full English breakfast with a vegetarian and gluten free option. There will also be tea, coffee and orange juice.

You can choose an early morning stroll from Fromes Hill Church to the Village Centre starting at 07.30 or just come along and enjoy the breakfast. If anyone will find it difficult to get to The Village Centre transport can be provided.

Breakfast will be served between 08.30 and 10.00 am. Tickets are £5 and are on sale at the Community Shop in Bishops Frome and also by contacting Tony Davis on 01885 490394 or email [bishfromecentre@aol.com](mailto:bishfromecentre@aol.com).

## **Easter Egg Hunt**

The Easter bunny invites grown-ups to bring your little ones along for an Easter egg hunt at

St Mary's Church, Much Cowarne on

Easter Saturday 8<sup>th</sup> April



**10.30-12.30pm**

This eggtravaganza will also offer a craft activity suitable for juniors.

Do join us!

Bishops Frome Village Centre  
invites you to join a

Coronation

Lunch

Sunday 7 May

12 noon to 2pm

**BRING A PLATE OF FOOD TO  
SHARE BAR for wine, beer & soft  
drinks RAFFLE (prizes welcome)**

**BOUNCY CASTLE**

**RSVP**

Susanna 07742 715769

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Or tear off and return to BF Community Shop

Family name, ..... No of people.....

Contact number

**ST. GILES' CHURCH**

**ACTON BEAUCHAMP PCC**

**DATES FOR THE DIARY 2023**

**2<sup>nd</sup> APRIL 11.30**

**ST. GILES' CHURCH, ACTON BEAUCHAMP.**

**PALM SUNDAY FAMILY COMMUNION**

**19<sup>th</sup> APRIL 7pm**

**COPPICE HOUSE, ACTON BEAUCHAMP.**

**ACTON BEAUCHAMP PCC, ANNUAL PAROCHIAL CHURCH MEETING.**

**EVERYONE WELCOME TO JOIN US AS WE LOOK FORWARD, AND CARE FOR  
ST. GILES' CHURCH.**

**20<sup>th</sup> MAY 11am – 1pm**

**MANOR BARN, SEVINGTON, ACTON BEAUCHAMP.**

**SPRING PLANT SALE**

**LOVELY PLANTS FOR LOVELY PRICES.**

**COME ALONG FOR TEA / COFFEE, CAKE AND CONVERSATION**

**THERE WILL ALSO BE A RAFFLE.**

**1<sup>st</sup> JULY 6pm**

**SEVINGTON MANOR, ACTON BEAUCHAMP.**

**DOG SHOW AND SUMMER FETE**

**BY VERY KIND PERMISSION OF DR. AND MRS DAVID BEST**

**19<sup>th</sup> AUGUST 3pm**

**2 FOXHILLS, BISHOPS FROME.**

**TEA AT TONY'S**

**EVERYONE WELCOME TO ALL OUR EVENTS.**

It's spring-cleaning time! Do you know about Tom Collingwood? He's the gentleman who has single-handedly picked up over a thousand bags of litter over the past few years, litter-picking along Herefordshire's roads. Isn't that amazing? Recently he's been clearing the A438 between Ledbury and Hereford, and local WhatsApp groups have been buzzing with praise for him. A crowd-funder has been set up to show thanks to him, and I've personally written to Balfour Beatty to ask if they can give him a job... That degree of commitment, hard work, get up and go, and attention to detail surely deserve reward!



I go litter-picking every month as part of my 'Sunday Service', together with various wonderful volunteers – and I know there are also many people who quietly clean up their local area by themselves.

Litter-picking is one of those things that can be looked at in different ways. Sometimes it can be a bit disheartening – especially when you've cleared a patch but then a week or two later someone has thrown rubbish into it again. Sometimes it can feel like a drop in the ocean, or can be tempting to think 'what's the point?' But actually I think there is a lot of point.

Litter-picking shows everybody that somebody cares. It shows that someone feels so strongly that they are prepared to put time into cleaning up someone else's mess. It shows that we care about how our local places look, and it shows that we care about the impact of rubbish on the natural world; sharp metal, fragmenting plastic etc are all terrible for our local wildlife.

We humans are social animals. By litter-picking we're sending a social signal that we care about our local environment, and we're encouraging others to do the same. And at some level I think we are encouraging the tiny minority who do still throw litter out of their windows to think again.

Because it's absolutely true to say that we need to fix problems at their source. In that sense, litter-picking is a sticking-plaster over a wider problem of wasteful throwaway culture. So we need 'both/and', not 'either/or'. Creating a better world is about both trying to stop problems at their source, and doing our best to fix the current problems. That's a rule of thumb that is useful in all sorts of areas, not just litter...

Also – speaking personally – there's a genuine sense of wellbeing that comes with litter-picking! When there's no traffic and you hear the birdsong; when you discover hidden gems like wild flowers; and when people passing hoot and say thank you (and even bring a bottle of sparkling wine to say thanks, as once happened to me!). Plus, you get instant satisfaction – you can really see that you're making a difference and being part of the solution!

Many of us spend our lives trying to make a difference in all sorts of ways – and we don't always get quick or visible results. So let's celebrate the joys of litter-picking, and let's celebrate the Tom Collingwoods of the world!

You can borrow litter-picking kit (litter-pick sticks, hi-vis vests, gloves, purple bags) from the council by phoning 01432 261800. And more volunteers are always very welcome on my 'Sunday Service'! (Usually the second Sunday morning of the month, but not Easter Sunday).

To contact me about any council-related issues, please call 01531 670729 (landline) or 07950 714947 (mobile), or email [ellie.chowns@herefordshire.gov.uk](mailto:ellie.chowns@herefordshire.gov.uk). My monthly ward surgeries are:

- Bishops Frome Village Centre, 3rd Thursday of each month, 10.30- 12.00am.
- Cradley Village Hall, 3rd Thursday of each month, 1.00-2.30pm.

**Wishing you all a very happy Easter! Ellie**

Trumpet Agricultural Society

# Tractor & Car Run

Sunday 23<sup>rd</sup> April 2023

**£15.00 ENTRY**

**Starting from:** Baddy Marsh, Lower Eggleton,  
Herefordshire HR8 2UH

**Registration from:** 9.30am

**Leaving:** 10.30am



**Fish & Chip Van serving food afterwards**

All Tractors and vehicles must be insured and road worthy

**CASH ONLY**

**More information, please telephone 07813 754873**

**Sunday 12th March Lay  
Worship Leaders were  
c o m m i s s i o n e d i n  
S t P e t e r ' s , B r o m y a r d b y  
t h e B i s h o p o f H e r e f o r d .**

In the Frome Valley Benefice Martin Hewitt was commissioned to lead worship in Much Cowarne and Louise Manning for Castle Frome.



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centreforwellbeing.co.uk/lindsay-holder



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Please look at web site;

[www.localonlinetherapy.co.uk](http://www.localonlinetherapy.co.uk),

for information

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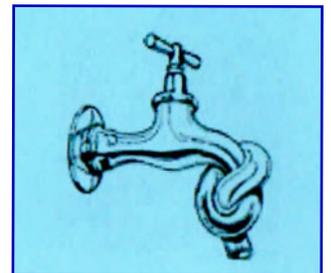
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[ceciliahalldance@live.co.uk](mailto:ceciliahalldance@live.co.uk)

ADULT DANCE and FITNESS CLASSES

### MONDAYS

- 10am Zumba Gold
- 10.40am Adult Ballet
- 11.45am FitSteps
- 1.30pm Tap Dance
- 2.30pm Adult Ballet

### TUESDAYS

- 9.20am Pilates
- 10.30am Tap Dance
- 11.30am FitSteps
- 1.50pm Silver Swans Ballet for over 55's
- 3pm Belly Dance

### WEDNESDAYS

- 9.30am Modern Jazz/Lyrical Dance
- 10.35am Adult Ballet
- 11.45am FitSteps
- 12.50pm Flamenco
- 2pm Adult Ballet
- 3pm Pilates

### THURSDAYS

- 10am FitSteps
- 11.15am Silver Swans Ballet for over 55's
- 2pm New Silver Swans Ballet for over 55's
- 8pm New Zumba class TBC

### FRIDAYS

- 9.30am Dance Mix Gold
- 10.30am Silver Swans Ballet for over 55's
- 11.45am FitSteps
- 2.45pm New Zumba class TBC

### SATURDAYS

- 8.45am New Zumba class TBC

### SUNDAYS

- 8.45am Pilates
- 10am FitSteps

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## THE FROME VALLEY GROUP

**April 2023**

	<b>2<sup>nd</sup></b>	<b>9<sup>th</sup></b>	<b>16<sup>th</sup></b>	<b>23<sup>rd</sup></b>	<b>30<sup>th</sup></b>
<b>Acton Beauchamp</b>	11.30am Holy Communion SB				
<b>Bishops Frome</b>	10.00am High Mass SB	10.00am High Mass Father David West	10.00am High Mass SB	10.00am Holy Communion Father David West	
<b>Castle Frome</b>		8.30am Holy Communion SB		10.00am Family Service Lay Led	
<b>Evesbatch</b>		11.30am Holy Communion Father David West			
<b>Fromes Hill</b>	10.00am Matins Lay led		11.30am Holy Communion SB		10.00am Group Service SB
<b>Much Cowarne</b>		10.00am Holy Communion SB		10.00am Holy Communion SB	
<b>Ocle Pychard</b>		10.00am Holy Communion Rev Trafford Roberts			
<b>Stanford Bishop</b>		11.30am Holy Communion SB			
	Palm Sunday Red Psalm 31.9-16* Philippians 2.5-11 Matthew 27.11-54	Easter Day Gold/ White Acts 10.34-43 John 20.1-18	Easter 2 White Psalm 16 Acts 2.14a,22- 32 John 20.19-31	Easter 3 White Psalm 116.1-3,10-17* Acts 2.14a,36- 41 Luke 24.13-35	Easter 4 White Psalm 23 Acts 2.42-47 John 10.1-10

15.02.23

## FROM THE REGISTERS

### Funerals

The Funeral of Martin Jolly, who died on 6<sup>th</sup> January 2023, aged 89 years, took place on 3<sup>rd</sup> March 2023 at St Michael and All Angels, Castle Frome.

The Funeral of Patricia Lowden who died on 22<sup>nd</sup> February 2023, aged 84, took place at St Mary the Virgin, Bishops Frome with the Burial at St. James the Greater, Stanford Bishop on 11<sup>th</sup> March 2023.

May They Rest in Peace.

**St Mary the Virgin, Bishops Frome**  
**Thursday 6th April at 10.30am**  
**Maundy Thursday Eucharist**  
**All Welcome.**

### ST MARY THE VIRGIN, BISHOPS FROME

DATE	READER	PRAYERS
April 2 <sup>nd</sup>	Sarah	Moyra
April 9 <sup>th</sup>	Liz	TBA
April 16 <sup>th</sup>	Lucy	Liz
April 23 <sup>rd</sup>	Flo	Maureen
April 30 <sup>th</sup>	Group Service at Frome's Hill	
May 7 <sup>th</sup>	Sarah	Moyra



# BISHOPS FROME VILLAGE CENTRE



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for much more information & hiring charges

To arrange to have a look, or to book,  
**contact** Wendy Roberts on 01885 490327  
or email [bishfromecentre@aol.com](mailto:bishfromecentre@aol.com)

## WHAT'S ON WEEKLY in April

Please contact group leaders  
before attending exercise classes

### Monday

- Pilates with Sally, 9.30, 07909 754 039
- Internet Café, 10am to 12, 01531 640 981
- Board Games, 2-4pm 3 April  
(First Monday) Susanna 01885 490 440
- Tae Kwon Do , White Phoenix  
6.30pm, 07814 778 112

### Tuesday

- Pilates with Sally, 9.30, 07909 754 039
- Fit for Life, 3-4pm, Angie Box,  
07530 420 554 Stretching and mobility
- Zumba with Bev, 7pm, 07900 640 467  
Exercise at your own pace

### Wednesday

- Needlecraft, 2-4pm, Judy 01531 640 358
- Kazuko Kick Boxing, 7pm, 07495 427 993

### Thursday

- Coffee morning, 10 to 12  
First and third Thursdays  
Tony 07764 578 410
- Ward Surgery, 10.30 to 12  
Third Thursdays,  
Cllr Ellie Chowns, 07950 714 947

### Friday

- Pilates with Sally, 9.30, 07909 754 039
- Shanty Singing, first Fridays 7 April
- Richard, 01531 640 768
- Tae Kwon Do , White Phoenix  
6.30pm, 07814 778 112



## May Day Big Breakfast

Traditional full English breakfast with a vegetarian and gluten free option.  
Tea, coffee and orange juice.  
Stroll from **Fromes Hill Church** to the **Village Centre** starting at 07.30 or just come along and enjoy the breakfast.  
**ALL WELCOME Monday 1 May**  
Transport can be arranged.  
Breakfast will be served 08.30 to 10.00 am.  
Tickets £5 from the  
Bishops Frome Community Shop, or  
Tony Davis 01885 490394, or  
email: [bishfromecentre@aol.com](mailto:bishfromecentre@aol.com).

Bishops Frome Village Centre  
invites you to join a

# Coronation Lunch

Sunday 7 May  
12 noon to 2pm

**BRING A PLATE OF FOOD TO SHARE**  
**BAR for wine, beer & soft drinks**  
**RAFFLE (prizes welcome)**  
**BOUNCY CASTLE**

---

RSVP to Susanna 07742 715769,  
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stating family name, number of people and  
contact number



Mon 13.45 to 16.45  
Tues 13.00 to 14.30  
Wed 9.00 to 12.00  
Thurs 9.00 to 12.00

**VICAR**

Rev. Steven Baggs tel: - 01885 490582

e-mail: stevenbaggs@me.com

PLEASE NOTE: Monday is Steven's day off.

**ASSOCIATE PRIEST**

Rev. Richard Allaway tel:07969 699270

email: rja5204572fco@gmail.com

**PARISH OFFICE**

The Rosary, Bishops Frome, Worcester, WR6 5AP

tel and fax tel - 01885 490229

e-mail: fromevally@icloud.com

**PARISH SECRETARY**

Eleanor Morris tel - 01885 490229

(Wednesdays & Fridays 9.30 to 11.45)

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ACTON BEAUCHAMP

Sally Wall 01886 884727

Jane Allan 01531 640227

BISHOPS FROME

John Ewens 07801 122778□.

Tony Davis 01885 490394

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Charles Pudge 01531640309

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Richard Kuehn 01886 880259

Diana Harrison 01531 805058

FROMES HILL

TBC

MUCH COWARNE

Jean Parkes 01432 820402

Martin Hewitt 01432 820282

OCLE PYCHARD

John Ridler 01432 820328

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Rachael Hawkins 01886 884250

Jetta Hawkins 07973 239778

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**Safeguarding Officer: Eleanor Morris - 01885 490229**

**Diocesan Safeguarding Adviser:**

**Mandy McPhee 07875757396 or m.mcphee@hereford.anglican.org**

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**LAST COPY DAY for the May 23 issue of**

**THE FROME VALLEY NEWS is: Monday 10th April 2023**

**And the collection date will be : TBC**